

With increasing attention on quality of life aspects of cancer treatments, more knowledge is required on the mechanisms of development and management of late side effects. This knowledge should enable the development of effective intervention strategies to prevent or ameliorate the development of heart damage in patients following radiation therapy. Funded by the Dutch Cancer Foundation, grant NKI 2008–3993 and European Atomic Energy Community's Seventh Framework Program, grant 211403 (Cardiorisk).

8 INVITED

Modern Radiotherapy Techniques to Spare Normal Tissues

C. Nutting¹. ¹Royal Marsden Hospital, Department of Radiotherapy, London, United Kingdom

Modern radiotherapy techniques have been used to reduce the dose to radiosensitive critical structures close to tumour bearing tissues. Randomised trials have demonstrated that clinically relevant reductions in normal tissue toxicity can be achieved. This lecture will provide an overview of this topic.

Scientific Symposium (Sat, 24 Sep, 11:30–13:15) Telethinking in Cancer Care

9 INVITED
Technologies and Challenges for Nurses and Health Care

D. Benton¹. ¹International Council of Nurses, Geneva, Switzerland

Health systems are facing unprecedented challenges at this time. Not only are the social demographics of many countries changing but also the patterns of disease. The economic crisis in 2008 has underlined the connectivity that we all can experience in our daily lives. Some aspects of globalisation are very positive others can present problems. What is certain is that the world's population is not going to require less access to nursing care in the future and technology will play an increasing role in its delivery. This paper explores a range of challenges as well as the opportunities that the nursing profession faces as we move forward through increasing use of technologies and sets out how nurses can play a more proactive role in designing our profession's destiny as well as securing increased access to quality services for citizens.

10 INVITED
Patient-Centred Technologies – the Future is Here

N. Kearney¹, R. Maguire¹. ¹University of Dundee, School of Nursing and Midwifery, Dundee, United Kingdom

By 2030, there will be almost 21.4 million new cases of cancer diagnosed annually and more than 13.2 million deaths, compared to 12.7 million new cases and 7.6 million deaths in 2008, according to the International Agency for Research on Cancer (2010), with half of these likely to be in Europe. The scale of the challenge to deliver optimal care to this population means that we have to consider a different model of delivering health care that will involve a shift from hospital based care to much more care being delivered in, or close to, people's home. Changing the way we deliver healthcare outside of an acute hospital, either on an outpatient basis or in local communities has indisputable implications for patients receiving cancer treatment, and for patients with other chronic conditions, as they can experience multiple needs in relation to symptom management, self-care and support. Cancer treatment related toxicities often lead to distressing and potentially life threatening side effects (Kuderer 2006), which are associated with poor treatment adherence, impaired quality of life, increased infections, and mortality and time spent in hospital. Supporting patients, who are experiencing such morbidity, within their own home or local community will be key to ensuring optimal patient outcomes. Technology is now accepted as pivotal to future health care delivery not only to enable safe and effective evidenced based care, but also a means to delivering affordable care across populations. Virtual supportive care networks that utilise technology to enable individualised patient centred care are being used for patients with chronic conditions and allow patients to remain at home and access appropriate supportive care as and when required. Within cancer care there has been a reliance on hospital based, specialist care however there is a growing recognition that telehealth systems, for example ASyMS, have the potential to transform supportive care outcomes in patients with cancer by allowing health professionals to respond in 'real time' to a patient's actual symptoms. The ability to capture symptom data in 'real time' is now regarded as the gold standard to allow rapid clinical decision making and intervention to improve patient outcomes.

Telehealth systems will mean real time patient reported outcomes become standard care and linking such systems to point of care testing devices, such as white cell monitoring, will transform the management of patients with cancer.

11 INVITED
Using Technology in Palliative Care – a Reality

B.M. Johnston¹. ¹University of Dundee, Department of Nursing and Midwifery, Dundee, United Kingdom

The term given to the remote monitoring of patients through information and communication technologies is "Telecare" or "Telehealth" and is being evidenced increasingly as a means of addressing the increased demand on health services alongside more patient-focused care. However, there is a relative lack of evidence based research in the use of Telehealth in palliative care in the UK, particularly in Scotland, in comparison to other countries such as Australia, Canada and the USA. Telehealth is, however, gaining widespread acceptance and is both usable by, and acceptable to, patients and health professionals in palliative care settings, particularly in light of the need for increased home care for palliative patients and ongoing symptom management. This paper will report on the type of telehealth applications used in palliative care, and discuss patient and Health Professional experience of using telehealth applications in palliative and end of life care.

Scientific Symposium (Sat, 24 Sep, 11:15–13:15) Small RNAs and Cancer

12 INVITED
MicroRNAs and Regulatory RNA Binding Proteins in Cancer

R. Agami¹. ¹The Netherlands Cancer Institute, Department of Gene Regulation, Amsterdam, The Netherlands

MicroRNAs (miRNAs) are genes involved in normal development and cancer. They inhibit gene expression through interaction with 3'-untranslated regions (3'UTRs) of messenger RNAs (mRNAs), and are thought to regulate a large proportion of protein coding genes. Patterns of mis-expression of miRNAs in cancer suggest key functions of miRNAs in tumorigenesis. We performed in the past genetic screens to identify cancer functions of miRNAs. Using a library of vectors expressing human miRNAs and we identified miRNAs that cooperate with oncogenes in cellular transformation, which stimulate cellular migration, invasion and metastasis, as well as key regulators of tumour suppressor genes.

In recent years, it is becoming apparent that the miRNAs themselves are subjected to intense regulation at various levels. miRNA biogenesis and activity can be kept in pace by RNA-binding proteins (RBPs). We show that interplay between RBPs and miRNA exists that affects gene expression in processes such development and cancer.

13 INVITED
Causes and Consequences of microRNA Dysregulation

C. Croce¹. ¹The Ohio State University, Molecular Virology Immunology and Medical Genetics, Columbus Ohio, USA

During the past several years it has become clear that alterations in the expression of microRNA genes contribute to the pathogenesis of most, perhaps all, human malignancies. These alterations can be caused by a variety of mechanisms, including deletions, amplifications or mutations involving microRNA loci, by epigenetic silencing or by dysregulation of transcription factors targeting specific microRNAs. Since malignant cells show dependence on the dysregulated expression of microRNA genes, which in turn control or are controlled by dysregulation of multiple protein coding oncogenes or tumour suppressor genes, these small RNAs provide important opportunities for development of future microRNA based therapies.

14 INVITED
Deregulated tRNA Expression in Cancer

R.J. White¹. ¹Beatson Institute for Cancer Research, Glasgow, United Kingdom

RNA polymerase (pol) III is responsible for ~10% of nuclear transcription and makes a variety of short non-coding RNAs, including tRNA. Levels of the initiator tRNA are limiting for translation in some cell types. Mild overexpression of this tRNA not only stimulates protein synthesis, but

also promotes cell proliferation and oncogenic transformation [1]. The tumour suppressors RB and p53 keep tRNA expression under tight control by binding and directly repressing the pol III-specific transcription factor TFIIB [2,3]. Inactivation of RB and/or p53 in cancer cells releases TFIIB from restraint, allowing tRNA expression to rise. The situation is aggravated by several oncogene products that further stimulate tRNA production. For example, c-Myc binds directly to TFIIB and raises pol III transcription [4]. Furthermore, mTOR associates with tRNA genes and stimulates their expression in response to signaling from Ras, Akt and PI3 kinases [5]. Combinations of these molecular events ensure elevated tRNA levels in most if not all tumours [6].

References

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INVITED

Small RNA Regulators of Gene Expression

P. Sharp¹. ¹Massachusetts Institute of Technology, Koch Institute and Department of Biology, Cambridge, USA

About fifty years ago the central role of RNA in life sciences was recognized with the discovery of t-RNA, ribosomal RNA and mRNA. A little over ten years ago with the discovery of RNA interference (RNAi), the generality of regulation of gene expression by RNA became apparent. Since then, the biology and biochemistry of small RNAs such as siRNAs, miRNAs and piRNAs have been investigated in many model systems. Over half of all mRNAs in mammalian cells are targets of miRNA and changes in miRNA activity are important in differentiation, growth and control of cell death. Although some miRNAs function as oncogenes where increases in expression promote tumour formation, it is much more common to find loss of miRNA activity as an important event in the development of a tumour. In this mode, miRNAs act as tumour suppressors. In fact, even though miRNAs are critical for normal development and differentiation, many cell lines are viable when the synthesis of all miRNAs is blocked by deletion of a gene essential for their production, Dicer. This puzzling finding suggests that miRNAs have a general role of providing robustness to systems so that transitions between cell states are balanced through the interactions of feed forward and feed backward systems. The small degree of change in gene expression upon loss of miRNAs indicates that they fine-tune protein expression in cells under steady state conditions. As part of the cellular system, the synthesis of miRNAs is regulated at levels of transcription, processing and stability. Developing an integrated concept of the roles of miRNAs will also require understanding their ability to buffer the response of cells to stress.

Deep sequencing of RNA from mammalian cells has revealed classes of small and large non-coding RNAs that are present at approximately one copy per cell. The functions of these RNAs in normal or disease states are not well established. However, there is growing confidence that RNAs can bridge between sequence-specific DNA recognition processes and regulator complexes. One example of this is the recognition of splicing signals in nascent RNA and control of elongation by RNA polymerase.

Scientific Symposium (Sat, 24 Sep, 11:15–13:15) Molecular Imaging of Hypoxia

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INVITED

Imaging of Hypoxia With PET Radiotracers, Including, Ca-IX Antibodies

H. Schöder¹. ¹Memorial Sloan-Kettering Cancer Center, Nuclear Medicine Service, New York NY, USA

Hypoxia in tumours occurs when cell proliferation exceeds the rate of angiogenesis; tumour cells are then pushed beyond the boundaries for oxygen diffusion. In cancers, hypoxia is an indicator of poor prognosis, regardless of the treatment modality employed. It is probably one of the leading causes of radio- and chemotherapy failure. Hypoxia imaging with positron emission tomography (PET) is a non-invasive way of measuring regions of low partial oxygen pressure within the tumour tissue. A number of compounds are available for hypoxia imaging. In the past, most studies have used ¹⁸F FMISO; other agents in clinical trials include ¹⁸F EF5, ^{60/64}Cu-ATSM, ¹⁸F-FETNIM and ¹⁸F-FAZA. The ideal hypoxia

tracer should show high specific uptake and irreversible retention in hypoxic cells, low background activity in normoxic tissues, chemical stability against enzymatic cleavage in blood, rapid blood clearance enabling early imaging, and scan findings should be reproducible. None of the currently available agents meets all of these requirements. Current clinical trials are investigating the utility of hypoxia tracers for prognostication, radiotherapy target volume planning, and response prediction. For instance, a current multicenter trial with ⁶⁴Cu ATSM is investigating the prognostic value of hypoxia imaging in cervical cancer. Similar studies are ongoing with ¹⁸F FMISO and ¹⁸F FAZA in head and neck and rectal cancer. Ultimately, this should lead to changes in therapy regimens for hypoxic cancers (which are resistant to standard therapy). For instance, one clinical trial will investigate if therapy with the VEGF antibody bevacizumab can decrease tumour hypoxia in lung cancer and thus improve treatment response (as compared to chemotherapy alone) and patient outcome. Carbonic anhydrase IX (Ca-IX) is an enzyme that is overexpressed in many hypoxic tumours because it is a downstream target of HIF-1 α ; it is involved in pH regulation. Ca-IX expression can be imaged with the chimeric antibody cG250 labelled with ¹²⁴Iodine or ⁸⁹Zr. Whereas full antibodies may be suboptimal for clinical imaging (long blood circulation time; large size limits tissue penetration), smaller molecules including antibody fragments relying on the same principle, may be more suitable. In hypoxic tumour xenografts, the antibody fragment ⁸⁹Zr-cG250-F(ab')₂ showed good correlation with tissue expression of Ca-IX, thus providing the rationale for future clinical trials.

17

INVITED

Interest of Functional Imaging to Guide Stereotactic Radiotherapy

E. Lartigau¹. ¹Centre Oscar Lambret, Radiotherapy Department, Lille, France

Stereotactic Body Radiotherapy (SBRT) is used for the treatment of patients with early stage non-small cell lung cancer (T1-T2 N0M0), liver or prostate cancer.

The definition of treatment target and the evaluation of the treatment's efficacy remains a challenge and, for follow up, it is often difficult to distinguish progression and therapeutic response.

As an example, the target definition for lung tumours is based on PET CT images, CT slices remaining the main informative tool. For liver and prostate, the role of MRI is increasing and the place of functional MRI starts to be crucial in case of partial treatments (prostate boost).

Some issues are specific of SBRT and radiographic features after lung SBRT are significantly different from the images found after standard conformal three-dimensional radiation therapy, in both patterns and chronology. Early (lung injury) and late (lung fibrosis) toxicity must be known in order to differentiate progression from therapeutic response.

The role of functional imaging (PET and MRI) will be described in various clinical situations.

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INVITED

Imaging of Hypoxia (HIF-1 α) With Genetically Encoded Reporter Genes

I. Serganova¹, R. Blasberg¹. ¹Memorial Sloan Kettering Cancer Center (MSKCC), Departments of Neurology and Radiology, Molecular Pharmacology & Chemistry Program, SKI, New York, USA

Hypoxia is an important factor involved in the progression of solid tumours, and alters tumour metabolism, angiogenesis and metastasis. Adaptation to hypoxia at the cellular or organism level is predominantly regulated by hypoxia inducible factors 1 and 2. HIF-1 α , the most studied factor, is frequently activated by genetic alterations and by oncogenic pathway activation (e.g., cMYC, PI3K, MAPK, HSF1), in addition to physical hypoxia. HIF-2 α expression has been linked to poor patient outcome in several tumour types, and was detected in tumour stem cells, but not in non-stem tumour cells or normal progenitor cells. The precise role of HIF-2 α , in comparison to that of HIF-1 α , in target gene activation and in tumour progression remains unclear.

The mechanisms of hypoxia-dependent stabilization of the HIF-1 α and HIF-2 α proteins and their mode of transcriptional activation are thought to be similar. The oxygen sensing mechanism controlling protein stability of the HIF- α subunits occurs through a post-translational modification within the oxygen-dependent degradation domain (ODDD), and is carried out by HIF-specific prolyl hydroxylase-domain proteins (PHDs). The PHDs hydroxylate two conserved proline residues; the prolyl hydroxylated HIF- α subunits are recognized by the von-Hippel Lindau (VHL) tumour suppressor protein which is part of a multiprotein E3 ubiquitin-ligase that polyubiquitylates and targets HIF- α for proteasomal degradation. The O₂-independent degradation of HIF-1 α occurs by the competitive binding to either heat shock protein 90 (HSP90), which stabilizes the protein,